## Serious Snacks

## Penne pesto <br> Penne pasta with homemade pesto sauce

 sundried tomatoes and parmesanALLERGENS: 1, 6, 8, 12

## Spaghetti carbonara 13.00 <br> spaghetti with bacon bits, fresh cream, garlic and parmesan

 ALLERGENS: 1, 2, 6, 7, 8, 10, 12Spaghetti bolognaise 13.00

Spaghetti with an aromatic beef mince sauce, tomatoes and basil ALLERGENS: $1,6,7,8,12$
Honey glazed salmon
Grilled Norwegian salmon glazed with honey and soya served with basmati rice and grilled vegetables

## ALLERGENS: 3, 6, 12

## Sea bass fillet <br> Flame grilled sea bass marinated with mint and lemon zest,

 served with quinoa or chips ALLERGENS: 3, 6, 12Fish n' chips
Beer buttered cod, soy and citrus dip, sauce Tartar, French fries, side salad
ALLERGENS: 1, 2, 3, 6, 8, 12

## Pork chop

Marinated pork chop with freshly cut herbs,
Hoisin barbecue sauce, French fries, side salad ALLERGENS: 6, 7, 8, 10, 12
Chicken kebab ..... 13.50

Chicken breast marinated with yogurt and fresh oregano, side salad, tzatziki, fried potatoes and pitta bread ALLERGENS: 1, 6, 8, 12
Grilled BBQ chicken ..... 13.50

Grilled chicken breast marinated with smoked barbecue sauce,

French fries, baby sweet corn and side salad
ALLERGENS: 1, 6, 12

## Pizza Margherita

Mozzarella, tomato salsa, basil leaves, olive oil ALLERGENS: 1,8
Pizza pepperoni Calabrese
Mozzarella, tomato salsa, pepperoni, sweet peppers, mushrooms ALLERGENS: 1,8

## Pizza Tropicana

Mozzarella, tomato salsa, ham and pineapple ALLERGENS 1, 8,12

## Desserts

Panna cotta with forest fruit ..... 5.50
ALIERGENS: 8, 12
5.50
Chocolate brandy brownie
5.00
Fruit salad
11.50
Exotic fruit platter
Strawberries, pineapple, mango, passion fruit, kiwiALLERGENS: 1,9
Napa fruit platter ..... 9.50
Water melon, sweet melon, apples, pears, orange, strawberries
ALLERGENS: 1, 9
1.80
lce cream, per scoop Chocolate, Vanilla, Strawberry, Banana

## day menu

## Late Breakfast

## Make your own omelette

Three eggs omelette with your own stuffing, served with salad and French fries ALLERGENS: 2, 6, 12

## Greek Yogurt break

Layers of homemade granola, Greek yogurt, sliced bananas, strawberry coulis ALLERGENS: 1, 8, 12
Breakfast platier

## Salads

## Rocket and halloumi

ALLERGENS: 6, 8, 12
## Mediterranean

Lettuce, cucumber, tomato wedges, onions, Kalamata olives, feta cheese, crispy pitta bread, lemon vinaigrette ALLERGENS: 1, 6, 12
Caesar with chicken
Romaine lettuce, parmesan, croutons, crispy bacon, grilled succulent chicken, home-made Caesar's dressing ALLERGENS: 1, 2, 3, 6, 8, 10

## Caesar with prawns

Romaine lettuce, parmesan, croutons, crispy bacon, prawns, home-made Caesar's dressing ALLERGENS: 1, 2, 3, 4, 6, 8, 10

## Quinoa with roasted vegetable

Quinoa, baby rocket, zucchini, eggplant, carrots, peppers, roasted with hemp oil and balsamic vinaigrette ALLERGENS: 6, 12

## Soma salad

Baby rucola, peach, sliced almonds, avocado and blue cheese with blood orange vinaigrette ALLERGENS: $6,8,9,10,12$

## Bready

Supreme club sandwich
Two layers of toast filled with grilled chicken, turkey, crispy bacon, egg, cheese, lettuce, tomatoes, mayonnaise ALLERGENS:1, 2, 6, 8, 12

## Ham and cheese sandwich

## Smoked chicken wrap

smoked chicken wrapped in tortilla bread with
melted cheese, greens, mango chutney dressing ALLERGENS:1, 6, 8, 12

## Smoked salmon

Norwegian smoked salmon on multigrain bread, cream cheese, gherkins, red onion and baby rucola
ALLERGENS:1, 3, 6, 8, 12

## Sandwich halloumi

Pitta bread filled with grilled halloumi cheese
rocket, tomatoes and grape chutney
ALLERGENS:1, 6, 8, 12

## Soma burger

Homemade beef burger with melted cheddar cheese, bacon
gherkins, lettuce, tomato, coleslaw, barbecue sauce
ADD EGG FOR €1
ALLERGENS: $1,2,6,8,10,12$
Mexican burger
Homemade cheese burger with guacamole, sour cream, fried onion ring, tomato and lettuce
ALLERGENS: $1,2,6,8,10,12$

## Italian burger

